

FIT INDIA MOVEMENT 2020



FIT INDIA MOVEMENT

“

What is Fit India Movement?

The Fit India Movement is a movement to take the nation on a path of fitness and wellness. It provides a unique and exciting opportunity to work towards a healthier India. As part of the movement, individuals and organisations can undertake various efforts for their own health and well-being as well as for the health and well-being of fellow Indians.

Virtual Activities for Fit India School Week Celebrations 2020

